

12 400m Individual Medley Men Final

Official

☰ Entries
☰ Heats
🏆 Summary
📄

Total
13 years
14 years
15 years
16 and older

Rank	Competitor	Age	Club	RT	PTS	Result
1	Choo Clement	15	North Shore...	0.67		4:57.42 -12.93 Entry: 5:10.35
	25m: 13.96	50m: 31.21 (17.25)	75m: 49.43 (18.22)			
	100m: 1:08.55 (19.12)	125m: 1:27.38 (18.83)	150m: 1:45.56 (18.18)			
	175m: 2:03.75 (18.19)	200m: 2:22.21 (18.46)	225m: 2:43.28 (21.07)			
	250m: 3:04.87 (21.59)	275m: 3:26.35 (21.48)	300m: 3:48.59 (22.24)			
	325m: 4:05.92 (17.33)	350m: 4:23.20 (17.28)	375m: 4:40.51 (17.31)			
	400m: 4:57.42 (16.91)					
2	Julian Miles	18	Matamata ...	0.69		5:00.33 -11.36 Entry: 5:11.69
	25m: 13.40	50m: 29.39 (15.99)	75m: 46.28 (16.89)			
	100m: 1:04.16 (17.88)	125m: 1:23.71 (19.55)	150m: 1:42.67 (18.96)			
	175m: 2:01.51 (18.84)	200m: 2:20.79 (19.28)	225m: 2:41.28 (20.49)			
	250m: 3:02.28 (21.00)	275m: 3:23.99 (21.71)	300m: 3:46.42 (22.43)			
	325m: 4:05.99 (19.57)	350m: 4:24.47 (18.48)	375m: 4:42.86 (18.39)			
	400m: 5:00.33 (17.47)					
3	Calder-Kerr Maxwell	15	Ice Breaker ...	0.76		5:01.28 -9.53 Entry: 5:10.81
	25m: 14.07	50m: 31.72 (17.65)	75m: 50.16 (18.44)			
	100m: 1:09.77 (19.61)	125m: 1:28.72 (18.95)	150m: 1:47.36 (18.64)			
	175m: 2:06.13 (18.77)	200m: 2:25.22 (19.09)	225m: 2:46.62 (21.40)			
	250m: 3:08.29 (21.67)	275m: 3:29.65 (21.36)	300m: 3:51.61 (21.96)			
	325m: 4:09.32 (17.71)	350m: 4:27.23 (17.91)	375m: 4:44.70 (17.47)			
	400m: 5:01.28 (16.58)					
4	Doidge Ethan	17	Papakura S...	0.73		5:03.28 -5.88 Entry: 5:09.16
	25m: 14.90	50m: 32.57 (17.67)	75m: 50.93 (18.36)			
	100m: 1:09.39 (18.46)	125m: 1:28.77 (19.38)	150m: 1:47.50 (18.73)			
	175m: 2:06.32 (18.82)	200m: 2:24.91 (18.59)	225m: 2:47.69 (22.78)			
	250m: 3:09.90 (22.21)	275m: 3:32.45 (22.55)	300m: 3:54.24 (21.79)			
	325m: 4:12.21 (17.97)	350m: 4:29.59 (17.38)	375m: 4:47.04 (17.45)			
	400m: 5:03.28 (16.24)					
5	Pedersen Oscar	15	Coast Swim...	0.75		5:05.23 -5.80 Entry: 5:11.03
	25m: 13.78	50m: 30.42 (16.64)	75m: 48.21 (17.79)			
	100m: 1:06.82 (18.61)	125m: 1:26.59 (19.77)	150m: 1:45.34 (18.75)			
	175m: 2:04.89 (19.55)	200m: 2:23.78 (18.89)	225m: 2:46.05 (22.27)			
	250m: 3:08.65 (22.60)	275m: 3:31.38 (22.73)	300m: 3:54.61 (23.23)			
	325m: 4:13.11 (18.50)	350m: 4:30.72 (17.61)	375m: 4:48.14 (17.42)			
	400m: 5:05.23 (17.09)					
6	Tilley Christopher	15	St Paul's S...	0.72		5:11.44 +0.22 Entry: 5:11.22
	25m: 14.49	50m: 32.01 (17.52)	75m: 50.89 (18.88)			
	100m: 1:10.62 (19.73)	125m: 1:31.20 (20.58)	150m: 1:51.02 (19.82)			
	175m: 2:11.08 (20.06)	200m: 2:31.18 (20.10)	225m: 2:52.32 (21.14)			
	250m: 3:13.07 (20.75)	275m: 3:34.35 (21.28)	300m: 3:56.18 (21.83)			

325m: 4:14.87 (18.69) 350m: 4:33.27 (18.40) 375m: 4:52.77 (19.50)
 400m: 5:11.44 (18.67)

7  **Brown Kaleb** 17  **Aquagym S...** 0.76 **5:14.04 +4.51**
 Entry: 5:09.53

25m: 15.00 50m: 33.48 (18.48) 75m: 53.40 (19.92)
 100m: 1:14.62 (21.22) 125m: 1:34.78 (20.16) 150m: 1:53.54 (18.76)
 175m: 2:12.48 (18.94) 200m: 2:30.75 (18.27) 225m: 2:52.73 (21.98)
 250m: 3:15.27 (22.54) 275m: 3:37.95 (22.68) 300m: 4:00.92 (22.97)
 325m: 4:20.12 (19.20) 350m: 4:38.15 (18.03) 375m: 4:56.23 (18.08)
 400m: 5:14.04 (17.81)

8  **Tukia Simiosi** 14  **St Paul's S...** 0.86 **5:14.65 -9.25**
 Entry: 5:23.90

25m: 14.18 50m: 31.60 (17.42) 75m: 50.43 (18.83)
 100m: 1:10.34 (19.91) 125m: 1:30.50 (20.16) 150m: 1:49.89 (19.39)
 175m: 2:09.62 (19.73) 200m: 2:28.02 (18.40) 225m: 2:51.21 (23.19)
 250m: 3:14.42 (23.21) 275m: 3:38.57 (24.15) 300m: 4:03.71 (25.14)
 325m: 4:22.47 (18.76) 350m: 4:40.03 (17.56) 375m: 4:58.23 (18.20)
 400m: 5:14.65 (16.42)

9  **Graham Jono** 15  **Selwyn Swi...** 0.69 **5:15.41 -4.25**
 Entry: 5:19.66

25m: 13.96 50m: 31.12 (17.16) 75m: 49.76 (18.64)
 100m: 1:09.07 (19.31) 125m: 1:29.25 (20.18) 150m: 1:48.68 (19.43)
 175m: 2:08.79 (20.11) 200m: 2:28.26 (19.47) 225m: 2:51.99 (23.73)
 250m: 3:16.01 (24.02) 275m: 3:39.91 (23.90) 300m: 4:04.41 (24.50)
 325m: 4:23.11 (18.70) 350m: 4:40.62 (17.51) 375m: 4:58.50 (17.88)
 400m: 5:15.41 (16.91)

10  **Chapman Kain** 16  **Waterhole ...** 0.86 **5:15.68 +0.38**
 Entry: 5:15.30

25m: 14.98 50m: 34.89 (19.91) 75m: 56.58 (21.69)
 100m: 1:19.07 (22.49) 125m: 1:37.68 (18.61) 150m: 1:56.46 (18.78)
 175m: 2:14.94 (18.48) 200m: 2:33.77 (18.83) 225m: 2:57.25 (23.48)
 250m: 3:20.45 (23.20) 275m: 3:45.28 (24.83) 300m: 4:09.65 (24.37)
 325m: 4:26.55 (16.90) 350m: 4:42.89 (16.34) 375m: 4:59.46 (16.57)
 400m: 5:15.68 (16.22)

11  **Cunningham Harrison** 16  **Vikings Swi...** 0.81 **5:17.76 -1.24**
 Entry: 5:19.00

25m: 14.27 50m: 31.65 (17.38) 75m: 50.35 (18.70)
 100m: 1:10.39 (20.04) 125m: 1:32.32 (21.93) 150m: 1:53.50 (21.18)
 175m: 2:13.97 (20.47) 200m: 2:35.69 (21.72) 225m: 2:56.01 (20.32)
 250m: 3:17.48 (21.47) 275m: 3:38.71 (21.23) 300m: 4:00.64 (21.93)
 325m: 4:21.05 (20.41) 350m: 4:40.32 (19.27) 375m: 4:59.11 (18.79)
 400m: 5:17.76 (18.65)


12  **Azevedo Louie** 15  **Dannevirke ...** 0.75 **5:18.89 -9.96**
 Entry: 5:28.85


25m: 14.83 50m: 32.61 (17.78) 75m: 51.18 (18.57)
 100m: 1:11.17 (19.99) 125m: 1:32.32 (21.15) 150m: 1:52.53 (20.21)
 175m: 2:12.87 (20.34) 200m: 2:32.64 (19.77) 225m: 2:56.87 (24.23)
 250m: 3:20.35 (23.48) 275m: 3:44.21 (23.86) 300m: 4:08.43 (24.22)
 325m: 4:26.47 (18.04) 350m: 4:44.18 (17.71) 375m: 5:01.86 (17.68)
 400m: 5:18.89 (17.03)

13  **Johnston Alex** 15  **St Paul's S...** 0.72 **5:20.09 -14.32**
 Entry: 5:34.41

25m: 14.50 50m: 32.26 (17.76) 75m: 50.60 (18.34)
 100m: 1:09.90 (19.30) 125m: 1:30.94 (21.04) 150m: 1:52.41 (21.47)
 175m: 2:13.70 (21.29) 200m: 2:35.17 (21.47) 225m: 2:58.93 (23.76)
 250m: 3:22.05 (23.12) 275m: 3:45.06 (23.01) 300m: 4:07.98 (22.92)


325m: 4:26.49 (18.51) 350m: 4:44.99 (18.50) 375m: 5:03.43 (18.44)
 400m: 5:20.09 (16.66)


14  Goatley Alexis

14  TBSS Centr... 0.72

5:20.90 **-17.75**
Entry: 5:38.65

25m: 14.88 50m: 32.49 (17.61) 75m: 51.46 (18.97)
 100m: 1:11.12 (19.66) 125m: 1:31.62 (20.50) 150m: 1:51.80 (20.18)
 175m: 2:11.92 (20.12) 200m: 2:31.88 (19.96) 225m: 2:56.08 (24.20)
 250m: 3:20.09 (24.01) 275m: 3:44.66 (24.57) 300m: 4:08.94 (24.28)
 325m: 4:27.71 (18.77) 350m: 4:45.57 (17.86) 375m: 5:03.64 (18.07)
 400m: 5:20.90 (17.26)

15  Thompson Nico

15  Ashburton ... 0.74

5:21.47 **-1.01**
Entry: 5:22.48

25m: 14.45 50m: 31.73 (17.28) 75m: 50.36 (18.63)
 100m: 1:09.27 (18.91) 125m: 1:30.32 (21.05) 150m: 1:50.37 (20.05)
 175m: 2:10.36 (19.99) 200m: 2:29.79 (19.43) 225m: 2:52.73 (22.94)
 250m: 3:16.91 (24.18) 275m: 3:42.07 (25.16) 300m: 4:07.48 (25.41)
 325m: 4:27.33 (19.85) 350m: 4:46.46 (19.13) 375m: 5:04.70 (18.24)
 400m: 5:21.47 (16.77)

16  Forlong Hayden

14  Papamoa S... 0.77

5:23.76 **-15.08**
Entry: 5:38.84

25m: 15.33 50m: 34.38 (19.05) 75m: 53.94 (19.56)
 100m: 1:14.98 (21.04) 125m: 1:37.04 (22.06) 150m: 1:58.59 (21.55)
 175m: 2:20.17 (21.58) 200m: 2:41.84 (21.67) 225m: 3:03.75 (21.91)
 250m: 3:26.38 (22.63) 275m: 3:49.45 (23.07) 300m: 4:12.86 (23.41)
 325m: 4:31.16 (18.30) 350m: 4:49.08 (17.92) 375m: 5:06.83 (17.75)
 400m: 5:23.76 (16.93)

17  Laurence Ryan

16  Dannevirke ... 0.80

5:23.77 **+4.42**
Entry: 5:19.35

25m: 14.33 50m: 32.00 (17.67) 75m: 52.24 (20.24)
 100m: 1:14.25 (22.01) 125m: 1:35.49 (21.24) 150m: 1:53.53 (18.04)
 175m: 2:11.86 (18.33) 200m: 2:30.33 (18.47) 225m: 2:56.65 (26.32)
 250m: 3:23.10 (26.45) 275m: 3:47.00 (23.90) 300m: 4:11.65 (24.65)
 325m: 4:29.56 (17.91) 350m: 4:47.57 (18.01) 375m: 5:06.17 (18.60)
 400m: 5:23.77 (17.60)

18  Emanuel Clark

14  Selwyn Swi... 0.71

5:24.73 **-13.85**
Entry: 5:38.58

25m: 15.55 50m: 33.97 (18.42) 75m: 54.11 (20.14)
 100m: 1:15.69 (21.58) 125m: 1:36.86 (21.17) 150m: 1:56.80 (19.94)
 175m: 2:17.31 (20.51) 200m: 2:37.25 (19.94) 225m: 3:00.83 (23.58)
 250m: 3:26.09 (25.26) 275m: 3:49.50 (23.41) 300m: 4:13.95 (24.45)
 325m: 4:32.10 (18.15) 350m: 4:50.29 (18.19) 375m: 5:07.79 (17.50)
 400m: 5:24.73 (16.94)

19  Li'Wagener Bryan

14  Mt Maunga... 0.81

5:26.45 **-13.37**
Entry: 5:39.82

25m: 15.96 50m: 34.30 (18.34) 75m: 53.69 (19.39)
 100m: 1:13.46 (19.77) 125m: 1:35.63 (22.17) 150m: 1:57.00 (21.37)
 175m: 2:17.97 (20.97) 200m: 2:38.44 (20.47) 225m: 3:01.73 (23.29)
 250m: 3:25.35 (23.62) 275m: 3:48.93 (23.58) 300m: 4:12.66 (23.73)
 325m: 4:31.66 (19.00) 350m: 4:49.98 (18.32) 375m: 5:08.40 (18.42)
 400m: 5:26.45 (18.05)

20  Taylor Finn

15  Hamilton Aq... 0.72

5:27.39 **-12.46**
Entry: 5:39.85

25m: 15.28 50m: 33.76 (18.48) 75m: 53.16 (19.40)
 100m: 1:13.92 (20.76) 125m: 1:35.30 (21.38) 150m: 1:55.93 (20.63)
 175m: 2:16.30 (20.37) 200m: 2:37.01 (20.71) 225m: 2:59.69 (22.68)
 250m: 3:23.56 (23.87) 275m: 3:47.40 (23.84) 300m: 4:12.49 (25.09)

325m: 4:32.18 (19.69)
400m: 5:27.39 (18.22)

350m: 4:50.45 (18.27)

375m: 5:09.17 (18.72)

21  Henderson Finn

16  Queenstow... 0.76

5:31.59 **+4.71**
Entry: 5:26.88

25m: 14.32
100m: 1:10.13 (19.59)
175m: 2:11.00 (20.14)
250m: 3:24.89 (27.35)
325m: 4:38.21 (18.77)
400m: 5:31.59 (16.46)

50m: 32.02 (17.70)
125m: 1:30.83 (20.70)
200m: 2:30.38 (19.38)
275m: 3:52.38 (27.49)
350m: 4:56.79 (18.58)

75m: 50.54 (18.52)
150m: 1:50.86 (20.03)
225m: 2:57.54 (27.16)
300m: 4:19.44 (27.06)
375m: 5:15.13 (18.34)

22  Peris Sheehan

14  Waterhole ... 0.70

5:33.92 **-7.97**
Entry: 5:41.89

25m: 15.39
100m: 1:17.65 (21.42)
175m: 2:17.81 (20.11)
250m: 3:26.21 (24.62)
325m: 4:34.19 (19.70)
400m: 5:33.92 (19.01)

50m: 35.14 (19.75)
125m: 1:38.06 (20.41)
200m: 2:37.79 (19.98)
275m: 3:49.67 (23.46)
350m: 4:54.57 (20.38)

75m: 56.23 (21.09)
150m: 1:57.70 (19.64)
225m: 3:01.59 (23.80)
300m: 4:14.49 (24.82)
375m: 5:14.91 (20.34)

23  Lauko Mark

13  Queenstow... 0.63

5:34.15 **-14.67**
Entry: 5:48.82

25m: 15.23
100m: 1:16.52 (21.96)
175m: 2:21.08 (21.40)
250m: 3:29.07 (24.39)
325m: 4:36.80 (20.21)
400m: 5:34.15 (5:34.15)

50m: 34.12 (18.89)
125m: 1:38.56 (22.04)
200m: 2:42.07 (20.99)
275m: 3:52.64 (23.57)
350m:

75m: 54.56 (20.44)
150m: 1:59.68 (21.12)
225m: 3:04.68 (22.61)
300m: 4:16.59 (23.95)
375m:

24  Soal James

15  Oamaru Sw... 0.81

5:34.57 **-4.47**
Entry: 5:39.04

25m: 15.38
100m: 1:16.72 (22.24)
175m: 2:21.28 (21.65)
250m: 3:29.25 (23.52)
325m: 4:37.07 (20.08)
400m: 5:34.57 (18.85)

50m: 34.68 (19.30)
125m: 1:38.55 (21.83)
200m: 2:43.62 (22.34)
275m: 3:52.29 (23.04)
350m: 4:57.23 (20.16)

75m: 54.48 (19.80)
150m: 1:59.63 (21.08)
225m: 3:05.73 (22.11)
300m: 4:16.99 (24.70)
375m: 5:15.72 (18.49)

25  Smith Will

13  Liz van Weli... 0.65

5:38.66 **-11.25**
Entry: 5:49.91

25m: 16.11
100m: 1:16.85 (21.48)
175m: 2:18.62 (20.65)
250m: 3:31.40 (25.51)
325m: 4:42.80 (19.38)
400m: 5:38.66 (17.99)

50m: 35.08 (18.97)
125m: 1:37.38 (20.53)
200m: 2:39.70 (21.08)
275m: 3:57.47 (26.07)
350m: 5:01.71 (18.91)

75m: 55.37 (20.29)
150m: 1:57.97 (20.59)
225m: 3:05.89 (26.19)
300m: 4:23.42 (25.95)
375m: 5:20.67 (18.96)

26  Jackson Mason

13  Papamoa S... 0.69

5:46.29 **-7.09**
Entry: 5:53.38

25m: 16.18
100m: 1:20.19 (22.20)
175m: 2:26.15 (21.62)
250m: 3:38.08 (25.38)
325m: 4:49.24 (20.05)
400m: 5:46.29 (18.35)

50m: 36.65 (20.47)
125m: 1:42.91 (22.72)
200m: 2:47.15 (21.00)
275m: 4:03.72 (25.64)
350m: 5:08.57 (19.33)

75m: 57.99 (21.34)
150m: 2:04.53 (21.62)
225m: 3:12.70 (25.55)
300m: 4:29.19 (25.47)
375m: 5:27.94 (19.37)

-  Charlton Fergus

17  Kowhai Swi...

DNS